

Developmental Milestones: Birth to 5 years

AGE	GROSS MOTOR	FINE MOTOR	COMMUNICATION/SOCIAL	COGNITIVE/ADAPTIVE
2 mos.	Lifts head/chest when prone	Eyes track past the midline	<ul style="list-style-type: none"> Alerts to sound Social (reciprocal) smile 	Recognizes parent
4 mos.	Rolls front to back	Grasps a rattle	<ul style="list-style-type: none"> Laughs Soothed by parent's voice 	Orients head to direction of a voice
6 mos.	Sits with little or no support	<ul style="list-style-type: none"> Reaches with one hand Transfers objects 	<ul style="list-style-type: none"> Babbles Developing stranger anxiety 	Feeds self
9 mos.	Pulls to stand	<ul style="list-style-type: none"> Developing immature pincer grasp Bangs two objects together 	<ul style="list-style-type: none"> Says "mama/dada" indiscriminately Waves bye-bye 	Plays gesture games (e.g., pat-a-cake)
12 mos.	Stands/walks alone	Fine pincer grasp	<ul style="list-style-type: none"> One word other than "mama"/"dada" Follows one-step commands with a gesture 	Points to desired object
15 mos.	Stoops and recovers	Scribbles in imitation	Uses 3–5 words	<ul style="list-style-type: none"> Uses spoon and cup Turns pages in a book
18 mos.	Runs well	Builds a tower of 3 cubes	Points to 1–3 body parts	"Helps" in the house
24 mos.	<ul style="list-style-type: none"> Throws ball overhand Kicks a ball 	Copies drawing a line with crayon	<ul style="list-style-type: none"> Speaks in 2-word combinations ≥ 50-word vocabulary Parallel play 	Removes an article of clothing
36 mos.	Pedals a tricycle	Copies a circle	<ul style="list-style-type: none"> Speaks in 3-word sentences 75% of language is intelligible to a stranger 	Brushes teeth with help
48 mos.	Hops	Copies a square or cross	<ul style="list-style-type: none"> 100% of language is intelligible to a stranger Plays cooperatively with a group 	Knows 4 colors
60 mos.	Skips	Copies a triangle	<ul style="list-style-type: none"> Defines simple words Uses 5-word sentences 	Dresses self